

SEDATION DENTISTRY NW
BRANT POWELL, DDS, PLLC
ALLENMORE MEDICAL CENTER, SUITE B-5006
TACOMA, WA 98405
(253) 572-2822

INSTRUCTIONS FOR PATIENTS PRIOR TO INTRAVENOUS SEDATION

1. Do not eat or drink (not even water) for a minimum of six hours prior to the appointment. If your appointment is in the morning, do not eat or drink after midnight. If it is in the afternoon, a light breakfast is recommended as long as it is more than six hours before your appointment.
2. If your doctor has asked you to take any medications in that six hour time period, please do so with a small sip of water (just enough to get it down). **DO NOT TAKE ANY SEDATIVES.**
3. A responsible adult must be present to drive you home, and should be with you for at least six hours post-operative. Patients will not be allowed to drive a car nor use public transportation.
4. Wear short-sleeved, loose top and comfortable clothes. Wear flat shoes, and do not wear contact lenses.
5. Do not wear jewelry if possible and use minimal make-up. It may be necessary to remove fingernail polish from one or more nails for use of the monitoring device (pulse oximeter).
6. If any changes in your general health occurs prior to your scheduled appointment (such as fever, cough, or a cold) please call our office at once.
7. No caffeine or tobacco the day of appointment.